



NEW: Hydrafacial Antiox+ and Tone Perfect Complex

Hydrafacial has introduced the Antiox+, featuring its Tone Perfect Complex, to help reduce the production of melanin, boost collagen to improve the appearance of fine lines and wrinkles and hydrate skin.

The Antiox+ combines antioxidants including horse chestnut seed, green tea and arnica flower extracts to help detoxify skin and fight free radical damage.

The Tone Perfect Complex addresses tone in two ways, helping reduce the production of melanin to prevent the appearance of brown spots and firming and tightening the skin.

Peptides of copper, zinc and magnesium help reduce the appearance of fine lines, while hyaluronic acid is used to restore moisture while improving elasticity.

The treatment starts with cleansing and exfoliation, followed by glycolic rejuvenation to help loosen dirt from pores. Extraction then takes place using vortex suction to clean the pores and the Antiox+ ingredients are then applied to skin to repair and protect.

Recommended treatment price is £90. Call Hydrafacial on 01788 572007



NEW: Lynton Excelight

With the launch of its new machine Excelight Lynton promises to deliver its most advanced IPL treatments to date on ten different treatment areas. The machine offers hair removal, skin rejuvenation, anti-ageing, treatment for acne, pigmentation and rosacea, and red vein removal.

It features Interchangeable Light Guide (ILG) technology to give users flexibility in treatment spot size, with a snap-in design to allow for quick light guide replacement.

The machine is medically CE marked and aims to give practitioners a cost-effective option without compromising on patient safety and clinical results.

Suggested treatment price is from £75 to £300 depending on length and area of treatment.

Call Lynton on 01477 536975

This month we tried...

Biologique Recherche prescriptive facial

Lowdown: This is the signature treatment of the French skincare brand looking to make its mark on the UK skincare market. Biologique Recherche developed the treatment based on the belief that a client's skin can't be defined by just one characteristic, such as dry or oily, because it changes throughout the day, month and, indeed, the client's lifetime.

How it works: I tried the 60-minute facial (there is also a 90-minute version), which begins with a thorough assessment of my lifestyle, skin characteristics and skincare regime so that my therapist, Biologique Recherche UK training ambassador Alicia Falero, could diagnose my "skin instant" - the condition and requirements of my skin at the time of the treatment.

There are two things that are unusual about this facial. First, Alicia uses ice on my face at various points, to tighten and firm skin. Biologique doesn't use heat in the treatment because it believes heat can damage the molecular structure of products and cool temperatures help tighten the skin. The second is the massage element of the facial. The treatment protocol was developed in part by physiotherapist and brand co-founder Josette Allouche, with lots of effleurage movements to stimulate the lymphatic system.

Best for: The "skin instant" means this treatment is great for any client looking to improve their skin, whether that's by reducing signs of ageing or treating acne. However, the luxury price tag attached means it would be best suited to salons, spas or clinics with a high-spending client base.

The verdict: For a skincare brand that has established itself in clinics and medi-spas, I was impressed by how relaxing the treatment was. There is a lot of massage and it was firmer than in most facial treatments (which gets my vote). My skin looked great afterwards as well.

Biologique Recherche recommends charging £175 for the 60-minute treatment, or £250 for 90 minutes. Call the brand on 020 7122 0229

Tried by Lucy Douglas

